CLASSIC

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CROSS-CULTURAL

22 The Presentation of Self

ERVING GOFFMAN

Face-to-face interaction is a complex process by which people both convey and receive information about each other. In this selection, Erving Goffman presents basic observations about how everyone tries to influence how others perceive them. In addition, he suggests ways in which people can evaluate how honestly others present themselves.

When an individual enters the presence of others, they commonly seek to acquire information about him or to bring into play information about him already possessed. They will be interested in his general socioeconomic status, his conception of self, his attitude toward them, his competence, his trustworthiness, etc. Although some of this information seems to be sought almost as an end in itself, there are usually quite practical reasons for acquiring it. Information about the individual helps to define the situation, enabling others to know in advance what he will expect of them and what they may expect of him. Informed in these ways, the others will know how best to act in order to call forth a desired response from him.

For those present, many sources of information become accessible and many carriers (or "sign-vehicles") become available for conveying this information. If unacquainted with the individual, observers can glean clues from his

conduct and appearance which allow them to apply their previous experience with individuals roughly similar to the one before them or, more important, to apply untested stereotypes to him. They can also assume from past experience that only individuals of a particular kind are likely to be found in a given social setting. They can rely on what the individual says about himself or on documentary evidence he provides as to who and what he is. If they know, or know of, the individual by virtue of experience prior to the interaction, they can rely on assumptions as to the persistence and generality of psychological traits as a means of predicting his present and future behavior.

However, during the period in which the individual is in the immediate presence of the others, few events may occur which directly provide the others with the conclusive information they will need if they are to direct wisely their own activity. Many crucial facts lie beyond the time and place of interaction or lie concealed within it. For example, the "true" or "real" attitudes, beliefs, and emotions of the individual can be ascertained only indirectly, through his avowals or through what

appears to be involuntary expressive behavior. Similarly, if the individual offers the others a product or service, they will often find that during the interaction there will be no time and place immediately available for eating the pudding that the proof can be found in. They will be forced to accept some events as conventional or natural signs of something not directly available to the senses. In Ichheiser's terms,[1] the individual will have to act so that he intentionally or unintentionally *expresses* himself, and the others will in turn have to be *impressed* in some way by him.

The expressiveness of the individual (and therefore his capacity to give impressions) appears to involve two radically different kinds of sign activity: the expression that he *gives,* and the expression that he *gives off.* The first involves verbal symbols or their substitutes which he uses admittedly and solely to convey the information that he and the others are known to attach to these symbols. This is communication in the traditional and narrow sense. The second involves a wide range of action that others can treat as symptomatic of the actor, the expectation being that the action was performed for reasons other than the information conveyed in this way. As we shall have to see, this distinction has an only initial validity. The individual does of course intentionally convey misinformation by means of both of these types of communication, the first involving deceit, the second feigning.

. . . Let us now turn from the others to the point of view of the individual who presents himself before them. He may wish them to think highly of him, or to think that he thinks highly of them, or to perceive how in fact he feels toward them, or to obtain no clear-cut impression; he may wish to ensure sufficient harmony so that the interaction can be sustained, or to defraud, get rid of, confuse, mislead, antagonize, or insult them. Regardless of the particular objective which the individual has in mind and of his motive for having this objective, it will be in his interests to control the conduct of the others, especially their responsive treatment of him. This control is achieved largely by influencing

the definition of the situation which the others come to formulate, and he can influence this definition by expressing himself in such a way as to give them the kind of impression that will lead them to act voluntarily in accordance with his own plan. Thus, when an individual appears in the presence of others, there will usually be some reason for him to mobilize his activity so that it will convey an impression to others which it is in his interests to convey. Since a girl's dormitory mates will glean evidence of her popularity from the calls she receives on the phone, we can suspect that some girls will arrange for calls to be made, and Willard Waller's finding can be anticipated:

> It has been reported by many observers that a girl who is called to the telephone in the dormitories will often allow herself to be called several times, in order to give all the other girls ample opportunity to hear her paged.[2]

Of the two kinds of communication—expressions given and expressions given off—this report will be primarily concerned with the latter, with the more theatrical and contextual kind, the nonverbal, presumably unintentional kind, whether this communication be purposely engineered or not. As an example of what we must try to examine, I would like to cite at length a novelistic incident in which Preedy, a vacationing Englishman, makes his first appearance on the beach of his summer hotel in Spain:

> But in any case he took care to avoid catching anyone's eye. First of all, he had to make it clear to those potential companions of his holiday that they were of no concern to him whatsoever. He stared through them, round them, over them—eyes lost in space. The beach might have been empty. If by chance a ball was thrown his way, he looked surprised; then let a smile of amusement lighten his face (Kindly Preedy), looked round dazed to see that there *were* people on the beach, tossed it back with a smile to himself and not a smile *at* the people, and then resumed carelessly his nonchalant survey of space.
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> But it was time to institute a little parade, the parade of the Ideal Preedy. By devious handlings he gave any who wanted to look a chance to see the title of his book—a Spanish translation of Homer, classic thus, but

not daring, cosmopolitan too—and then gathered together his beach-wrap and bag into a neat sand-resistant pile (Methodical and Sensible Preedy), rose slowly to stretch at ease his huge frame (Big-Cat Preedy), and tossed aside his sandals (Carefree Preedy, after all).

The marriage of Preedy and the sea! There were alternative rituals. The first involved the stroll that turns into a run and a dive straight into the water, thereafter smoothing into a strong splashless crawl towards the horizon. But of course not really to the horizon. Quite suddenly he would turn on to his back and thrash great white splashes with his legs, somehow thus showing that he could have swum further had he wanted to, and then would stand up a quarter out of water for all to see who it was.

The alternative course was simpler, it avoided the cold-water shock and it avoided the risk of appearing too high-spirited. The point was to appear to be so used to the sea, the Mediterranean, and this particular beach, that one might as well be in the sea as out of it. It involved a slow stroll down and into the edge of the water—not even noticing his toes were wet, land and water all the same to *him!*—with his eyes up at the sky gravely surveying portents, invisible to others, of the weather (Local Fisherman Preedy).[3]

The novelist means us to see that Preedy is improperly concerned with the extensive impressions he feels his sheer bodily action is giving off to those around him. We can malign Preedy further by assuming that he has acted merely in order to give a particular impression, that this is a false impression, and that the others present receive either no impression at all, or, worse still, the impression that Preedy is affectedly trying to cause them to receive this particular impression. But the important point for us here is that the kind of impression Preedy thinks he is making is in fact the kind of impression that others correctly and incorrectly glean from someone in their midst. . . .

There is one aspect of the others' response that bears special comment here. Knowing that the individual is likely to present himself in a light that is favorable to him, the others may divide what they witness into two parts; a part that is relatively easy for the individual to manipulate at will, being chiefly his verbal assertions, and a part in regard to which he seems to have little concern or control, being chiefly derived from the expressions he gives

off. The others may then use what are considered to be the ungovernable aspects of his expressive behavior as a check upon the validity of what is conveyed by the governable aspects. In this a fundamental asymmetry is demonstrated in the communication process, the individual presumably being aware of only one stream of his communication, the witnesses of this stream and one other. For example, in Shetland Isle one crofter's wife, in serving native dishes to a visitor from the mainland of Britain, would listen with a polite smile to his polite claims of liking what he was eating; at the same time she would take note of the rapidity with which the visitor lifted his fork or spoon to his mouth, the eagerness with which he passed food into his mouth, and the gusto expressed in chewing the food, using these signs as a check on the stated feelings of the eater. The same woman, in order to discover what one acquaintance (A) "actually" thought of another acquaintance (B), would wait until B was in the presence of A but engaged in conversation with still another person (C). She would then covertly examine the facial expressions of A as he regarded B in conversation with C. Not being in conversation with B, and not being directly observed by him, A would sometimes relax usual constraints and tactful deceptions, and freely express what he was "actually" feeling about B. This Shetlander, in short, would observe the unobserved observer.

Now given the fact that others are likely to check up on the more controllable aspects of behavior by means of the less controllable, one can expect that sometimes the individual will try to exploit this very possibility, guiding the impression he makes through behavior felt to be reliably informing.[4] For example, in gaining admission to a tight social circle, the participant observer may not only wear an accepting look while listening to an informant, but may also be careful to wear the same look when observing the informant talking to others; observers of the observer will then not as easily discover where he actually stands. A specific illustration may be cited from Shetland Isle. When a neighbor dropped in to have a cup of tea, he

would ordinarily wear at least a hint of an expectant warm smile as he passed through the door into the cottage. Since lack of physical obstructions outside the cottage and lack of light within it usually made it possible to observe the visitor unobserved as he approached the house, islanders sometimes took pleasure in watching the visitor drop whatever expression he was manifesting and replace it with a sociable one just before reaching the door. However, some visitors, in appreciating that this examination was occurring, would blindly adopt a social face a long distance from the house, thus ensuring the projection of a constant image.

This kind of control upon the part of the individual reinstates the symmetry of the communication process, and sets the stage for a kind of information game—a potentially infinite cycle of concealment, discovery, false revelation, and rediscovery. It should be added that since the others are likely to be relatively unsuspicious of the presumably unguided aspects of the individual's conduct, he can gain much by controlling it. The others of course may sense that the individual is manipulating the presumably spontaneous aspects of his behavior, and seek in this very act of manipulation some shading of conduct that the individual has not managed to control. This again provides a check upon the individual's behavior, this time his presumably uncalculated behavior, thus re-establishing the asymmetry of the communication process. Here I would like only to add the suggestion that the arts of piercing an individual's effort at calculated unintentionality seem better developed than our capacity to manipulate our own behavior, so that regardless of how many steps have occurred in the information game, the witness is likely to have the advantage over the actor, and the initial asymmetry of the communication process is likely to be retained. . . .

In everyday life, of course, there is a clear understanding that first impressions are important. Thus, the work adjustment of those in service occupations will often hinge upon a capacity to seize and hold the initiative in the service relation, a capacity that will require subtle aggressiveness on the part of the server when he is of lower socioeconomic status than his client. W. F. Whyte suggests the waitress as an example:

The first point that stands out is that the waitress who bears up under pressure does not simply respond to her customers. She acts with some skill to control their behavior. The first question to ask when we look at the customer relationship is, "Does the waitress get the jump on the customer, or does the customer get the jump on the waitress?" The skilled waitress realizes the crucial nature of this question. . . .

The skilled waitress tackles the customer with confidence and without hesitation. For example, she may find that a new customer has seated himself before she could clear off the dirty dishes and change the cloth. He is now leaning on the table studying the menu. She greets him, says, "May I change the cover, please?" and, without waiting for an answer, takes his menu away from him so that he moves back from the table, and she goes about her work. The relationship is handled politely but firmly, and there is never any question as to who is in charge.[5]

When the interaction that is initiated by "first impressions" is itself merely the initial interaction in an extended series of interactions involving the same participants, we speak of "getting off on the right foot" and feel that it is crucial that we do so. Thus, one learns that some teachers take the following view:

You can't ever let them get the upper hand on you or you're through. So I start out tough. The first day I get a new class in, I let them know who's boss. . . . You've got to start off tough, then you can ease up as you go along. If you start out easy-going, when you try to get tough, they'll just look at you and laugh.[6]

. . . In stressing the fact that the initial definition of the situation projected by an individual tends to provide a plan for the cooperative activity that follows—in stressing this action point of view—we must not overlook the crucial fact that any projected definition of the situation also has a distinctive moral character. It is this moral character of projections that will chiefly concern us in this report. Society is organized on the principle that any individual who possesses certain social characteristics has a moral right to expect that others will value and treat him in an appropriate

way. Connected with this principle is a second, namely that an individual who implicitly or explicitly signifies that he has certain social characteristics ought in fact to be what he claims he is. In consequence, when an individual projects a definition of the situation and thereby makes an implicit or explicit claim to be a person of a particular kind, he automatically exerts a moral demand upon the others, obliging them to value and treat him in the manner that persons of his kind have a right to expect. He also implicitly foregoes all claims to be things he does not appear to be[7] and hence foregoes the treatment that would be appropriate for such individuals. The others find, then, that the individual has informed them as to what is and as to what they *ought* to see as the "is."

One cannot judge the importance of definitional disruptions by the frequency with which they occur, for apparently they would occur more frequently were not constant precautions taken. We find that preventive practices are constantly employed to avoid these embarrassments and that corrective practices are constantly employed to compensate for discrediting occurrences that have not been successfully avoided. When the individual employs these strategies and tactics to protect his own projections, we may refer to them as "defensive practices"; when a participant employs them to save the definition of the situation projected by another, we speak of "protective practices" or "tact." Together, defensive and protective practices comprise the techniques employed to safeguard the impression fostered by an individual during his presence before others. It should be added that while we may be ready to see that no fostered impression would survive if defensive practices were not employed, we are less ready perhaps to see that few impressions could survive if those who received the impression did not exert tact in their reception of it.

In addition to the fact that precautions are taken to prevent disruption of projected definitions, we may also note that an intense interest in these disruptions comes to play a significant role in the social life of the group. Practical jokes and social games are played in which embarrassments which are to be taken unseriously are purposely engineered.[8] Fantasies are created in which devastating exposures occur. Anecdotes from the past—real, embroidered, or fictitious—are told and retold, detailing disruptions which occurred, almost occurred, or occurred and were admirably resolved. There seems to be no grouping which does not have a ready supply of these games, reveries, and cautionary tales, to be used as a source of humor, a catharsis for anxieties, and a sanction for inducing individuals to be modest in their claims and reasonable in their projected expectations. The individual may tell himself through dreams of getting into impossible positions. Families tell of the time a guest got his dates mixed and arrived when neither the house nor anyone in it was ready for him. Journalists tell of times when an all-too-meaningful misprint occurred, and the paper's assumption of objectivity or decorum was humorously discredited. Public servants tell of times a client ridiculously misunderstood form instructions, giving answers which implied an unanticipated and bizarre definition of the situation.[9] Seamen, whose home away from home is rigorously he-man, tell stories of coming back home and inadvertently asking mother to "pass the fucking butter."[10] Diplomats tell of the time a near-sighted queen asked a republican ambassador about the health of his king.[11]

To summarize, then, I assume that when an individual appears before others he will have many motives for trying to control the impression they receive of the situation.

CRITICAL-THINKING QUESTIONS

1. How does the "presentation of self" contribute to a definition of a situation in the minds of participants? How does this definition change over time?

2. Apply Goffman's approach to the classroom. What are the typical elements of the instructor's presentation of self? A student's presentation of self?

3. Can we evaluate the validity of people's presentations? How?

NOTES

1. Gustav Ichheiser, "Misunderstandings in Human Relations," supplement to *The American Journal of Sociology* 55 (Sept., 1949), 6–7.

2. Willard Waller, "The Rating and Dating Complex," *American Sociological Review* 2 (1937), 730.

3. William Sansom, *A Contest of Ladies* (London: Hogarth, 1956), pp. 230–32.

4. The widely read and rather sound writings of Stephen Potter are concerned in part with signs that can be engineered to give a shrewd observer the apparently incidental cues he needs to discover concealed virtues the gamesman does not in fact possess.

5. W. F. Whyte, "When Workers and Customers Meet," chap. 7, *Industry and Society,* ed. W. F. Whyte (New York: McGraw-Hill, 1946), pp. 132–33.

6. Teacher interview quoted by Howard S. Becker, "Social Class Variations in the Teacher-Pupil Relationship," *Journal of Educational Sociology* 25, p. 459.

7. This role of the witness in limiting what it is the individual can be has been stressed by Existentialists, who see it as a basic threat to individual freedom. See Jean-Paul Sartre, *Being and Nothingness,* trans. Hazel E. Barnes (New York: Philosophical Library, 1956), pp. 365ff.

8. Goffman, op. cit., pp. 319–27.

9. Peter Blau, "Dynamics of Bureaucracy" (Ph.D. dissertation, Department of Sociology, Columbia University, forthcoming, University of Chicago Press), pp. 127–29.

10. Walter M. Beattie, Jr., "The Merchant Seaman" (unpublished M.A. Report, Department of Sociology, University of Chicago, 1950), p. 35.

11. Sir Frederick Ponsonby, *Recollections of Three Reigns* (New York: Dutton, 1952), p. 46.