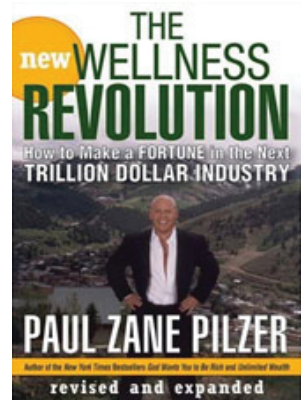


I CAN LOSE FAT WITH OSOLEAN™

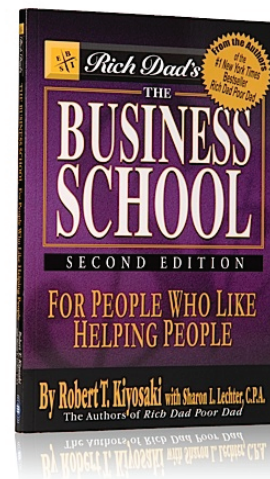
Your Path to Resounding Health and Resounding Wealth!

What happens when a Mega trend
(Wellness)



collides with an exclusive
breakthrough technology
(OsoLean™)

and a compelling business model?
(Networking)



You truly have the Perfect Storm!

JOIN US TODAY...

*as we take on two of the most critical issues in our country:
obesity and poverty. Statistics show they tend to go hand in
hand so to conquer one, we need to conquer the other.*

IMAGINE IF YOU PARTICIPATED IN A FAT LOSS PLAN AND AS SIDE EFFECTS, ACCOMPLISHED THE FOLLOWING:

1. Restored Wellness*
2. Reduced your dependence on pharmaceutical drugs*
3. Rebuilt self-esteem
4. Restored relationships with others by helping them experience the same benefits
5. Recreated (or create) financial security for yourself and your family through building a stream of residual income that will recession proof your life
6. Received an all expenses paid trip for Hawaii for a 5-7 day stay at a 4-Star hotel or a Hawaiiin cruise.

You Can ...with OsoLean™! And so can your friends, relatives and acquaintances. It is all premised on people helping people. This is the ultimate grass roots movement so join us today!

THE WHY...

We hardly need to review the statistics on something as clear as the direction of our health here in the United States. Most of us know the abysmal state we are in by just examining our own situation or that of our families and friends. But it is important that we clearly examine the current data:

1. Recently the World Health Organization in reviewing health around the world, determined the United States ranked 72 out of 191 countries! Just a few years ago we were 37th. The trend is clearly going the wrong direction.
2. We remain the most obese country in the world, a ranking we have held since the date they began taking this statistic. Two-thirds of our country is overweight and one-third qualifies as obese (30+ pounds overweight).
3. Fat cells secrete hormones such as resistin (contributes to insulin resistance) and estrogen. Researchers also found that when a person has excess fat, it incites an immune response and the macrophage penetrate the fat (becoming as much as 40% of it), causing excretion of inflammatory compounds such as TNF-Alpha. All of this leads to a higher incidence of chronic illnesses as is evidenced by the statistics on health in the US. *Newsweek August 23, 2004 "When Fat Attacks" pp 40-47*
4. Nicholas Webb in his book "The Cost of Being Sick" stated that "The U.S. health-care system is perched on a cliff awaiting a tipping point where it will fall to an unfortunate demise... Americans will soon be "rated" by health-care insurers on the level of their health --- good or bad. Factors comprising the score's formula will include medical history, genetic-risk factors, occupation, age, gender, race, body fat, and many other personal health-related factors."

And guess what? He was right. During the week of September 2, 2008, the State of Alabama announced a "Fat Tax." Yes, the state of Alabama is requiring all its employees to test their BMI (body mass index), and if it is higher than 35 (30 is deemed obese), then they are required to pay \$25 each month toward their health costs. This is just the beginning of yet another trend to support every level of government as well as corporations in their quest (or should we say imperative need) to cut health care costs.

**Join our mission to make a difference in people's health around this world.
Our Health Matters!**

WHAT IS OSOLEAN™?

OsoLean™ is an exclusive proprietary peptide technology that supports the body in burning fat (not lean). This 100% natural whey protein based product is high tech in that the ingredients have been sculpted to provide you with four biological activities in the body:

1. *Protein synthesis*
Utilizing proteolytic enzymes to sculpt 3 amino acids (proteins) to prevent muscle breakdown and promote muscle growth
2. *ACE Inhibiting peptides*
Change from anabolic to catabolic state so increase fat metabolism
3. *Glycomacro peptides*
Stimulate the release of cholecystokinin (CCK) which creates feeling of satiation
4. *Calcitrophic hormone regulation*
To target lipolysis (fat loss)

*Dairy Components in Weight Management in Functional Dairy Products – Volume 2 (2007) CRC Press

OsoLean™ is a high tech, well designed product to orchestrate your body's burning fat versus lean. When our human body loses weight, the natural response is to burn fat to lean in an equal ratio: 1:1. This means every time we lose 10 pounds, we are losing 5 pounds of fat and 5 pounds of lean. When we gain the weight back, virtually all of it is fat. So, you see, the vicious cycles of weight loss in our country are causing us all to have a very high fat to lean ratio. Clinical trial studies (2008) showed those using OsoLean™ had almost a 3:1 burning of fat to lean tissue as well as significant losses in weight, BMI, and waist circumference. Those on placebos actually lost as much and in some instances more lean than fat tissue.

Frestedt, J.L., Zenk, J.L., Kuskowski, M.A., Ward, L.S., and Bastian, E.D. (2008). A whey-protein supplement increases fat loss and spares lean muscle in obese subjects: a randomized human clinical study. *Nutr Metab (Lond)* 5, 8.

Why is losing lean bad?

1. Research shows that our lean to fat ratio is a determining factor in all 10 of the biomarkers of vitality (also referred to as biomarkers of health or aging). Here is a look at those biomarkers:
 1. *Your Muscle Mass*
 2. *Your Strength*
 3. *Your Basal Metabolic Rate (BMR)*
 4. *Your Body Fat Percentage*
 5. *Your Aerobic Capacity*
 6. *Your Body's Blood-Sugar Tolerance*
 7. *Your Cholesterol/HDL Ratio*
 8. *Your Blood Pressure*
 9. *Your Bone Density*
 10. *Your Body's Ability to Regulate Its Internal Temperature*

"Biomarkers" William Evans, PhD, and Irwin H. Rosenberg, M.D. (1991)

What does this mean to you? Your longevity and your vitality of life as you age depends on your lean to fat ratio. We have failed. We are more disease prone today than ever before in the history of the U.S.; in fact it is reaching pandemic in proportion.

2. Your body stores toxins in fat. The more fat you carry, the more toxic your body. Delete the fat, delete the toxins. Toxic bodies have a more difficult time responding to threats (viruses, bacteria, etc.) and absorbing proper nutrition.

Your pharmaceutical bill continues to climb. You have less and less energy. Your life is in a spiral going the wrong direction. Reverse The Trend! You need to be a Trendsetter!

Start today... OsoLean™ is the way!

HERE IS HOW THE PROGRAM WORKS FOR YOU...

Step 1: Register with Mannatech, Inc. for your OsoLean™ Pack (\$109) choosing the Vanilla or Chocolate Glycoslim Shake as an options in the first order. At the same time as you register, set up your automatic order for 2 tubs of the OsoLean™ on a 28 day cycle. This will cost approximately \$100 monthly. You get a free product on your first auto order and it is advised you select AO, a great anti-oxidant. Why? Because as you burn fat, you will be dumping toxins in your system, and if you are not on a good anti-oxidant, it will cause the body to stop burning fat to avoid excess toxicity in your system. To register and place your auto order, call customer service with your Support Team member who will be your Sponsor and Enroller, 1-800-281-4469.

Step 2: Follow the instructions on how to take the products. For best results, reduce your daily calorie intake by 500 calories and exercise at least 30 minutes 3-5 times per week.

Step 3: Reach out to 4 friends, relatives or acquaintances to join the OsoLean™ challenge with you as members of your Support Team. Fill in their names on your OsoLean™ Chart (p.5) and help get them started.

Step 4: Participate on the weekly OsoLean™ Support Team Calls by your Sponsor. Track your results on a tracker available at www.Icanlosefat.com.

Step 5: Help your 4 Support Team members reach out to 4 people and build their Support Teams. This whole program operates on 4 who get 4. It just continues to duplicate itself with each new Team member finding their 4.

Step 6: Begin a weekly Support Team call of your own when or soon after you complete your own Support Team of 4. Have fun with these team calls but also hold people accountable to achieve their health results!

Free Products: Once you have 6 people in your Group (your 4 Team members and just two others) participating in the OsoLean™ Program, you will receive \$100 every 28 days to cover the cost of your products ... and your income will increase as more join your Group.

Further Activities:

1. After completing your Team of 4 and supporting them to get 4 each, you can upgrade to a Master Associate with Mannatech at a cost of \$329, in return for which you will receive over \$400 of products from Mannatech's nutritional product and skin care line. We highly recommend you start taking the Optimal Support Packets to offset the well known deficiencies in our 21st century diet. This will create income opportunities as a Regional Director (\$1,121 - \$7379 per year*).
2. After your entire Group gets to 60 people, you can upgrade from Master to All Star to maximize your income at a cost of \$799 in return for which you will receive over \$900 worth of products from Mannatech's nutritional product and skin care line. This will create income opportunities as a National Director status (\$4,767 - \$19,054 per year*).
3. When your Group completes the 4th Level (or you get 200 on the OsoLean™ or other Mannatech products), you will now qualify as an Executive Director. This will create income opportunities in the range of \$19,115-\$55,006 per year*.
4. Finally, when you get to the fifth level or beyond and have at least 600 people in your Group actively taking OsoLean™ or other Mannatech products, you will qualify as Presidential Director. This will create income opportunities in the range of \$49,840 - \$1,533,772 per year*.

If it takes 1 week for everyone to get their 4 Support Team members, you will be a Presidential Director in only 5 weeks. If it takes 1 month for everyone to get their 4 Support Team members, you will be Presidential Director in 5 months. If it takes 2 months for everyone to get their 4 Support Team members, it will take 10 months to become Presidential Director. Your pace and that of your Team is totally up to you.

*These numbers are actual annual income figures for Mannatech Associates at these levels in 2007.

MY COMMITMENT



I Pledge to:

- Use OsoLean™ powder twice a day for at least 4-6 months
- Reduce calories by 500 calories per day
- Exercise for 30 minutes, 3-5 times a week
- Keep a daily food diary until I get adjusted to the reduced calorie intake
- Donate my clothes to charity when they no longer fit
- Tell all of my friends about how OsoLean™ powder has helped me lose inches*
- Wake up every morning with a smile because I feel better
- Reach out to 4 others to join me on my Support Team, and participate with me in the I Can Lose Fat Challenge
- Be on weekly support calls with my group to enjoy fellowship, support and hold each other accountable

Date

Signature

(Provide a copy of this signed commitment to your Sponsor)

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

MY OSOLEAN™ SUPPORT TEAM

Conference Call Day/Time: _____ Call Number: _____

Team = The 4 you choose as your support Team

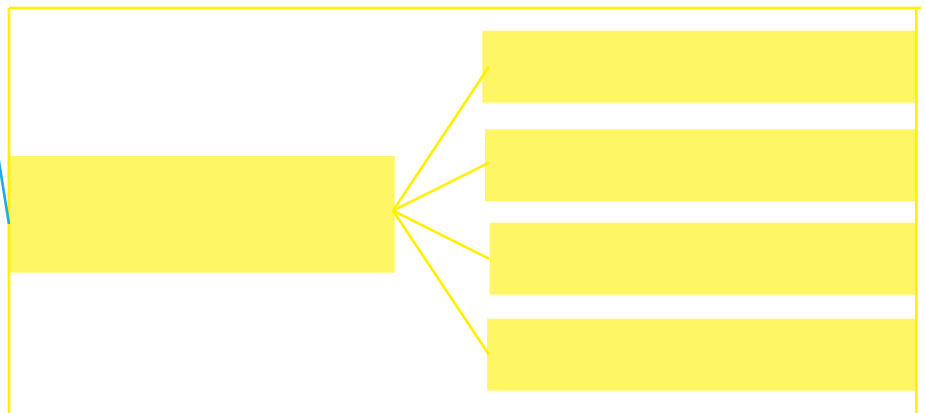
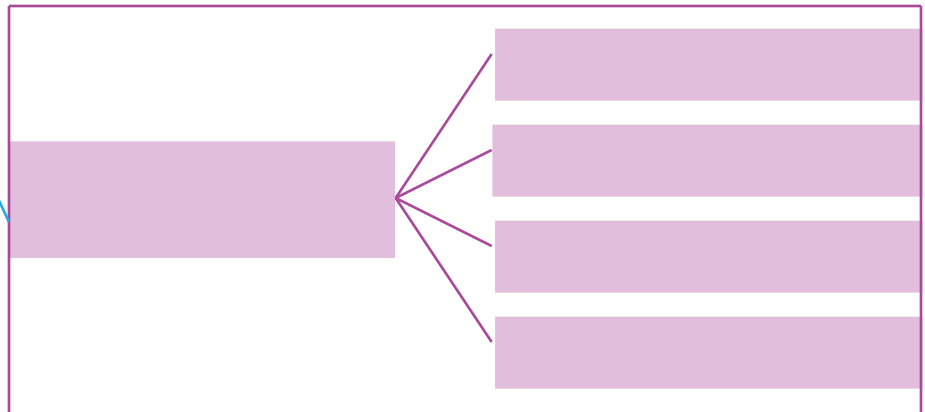
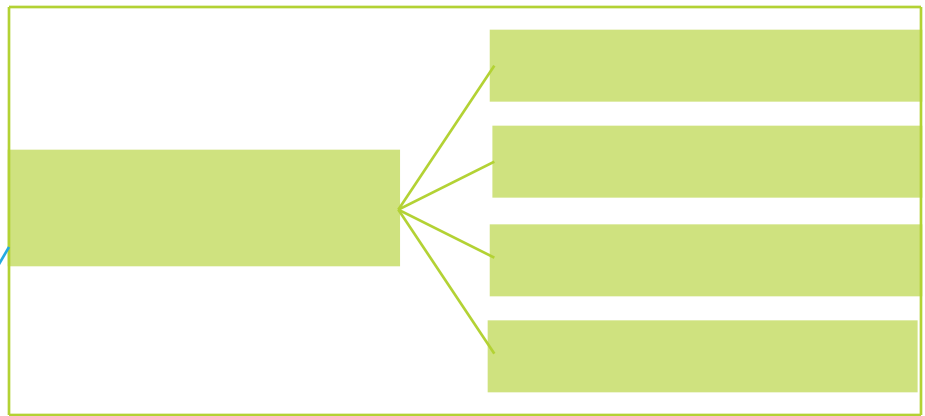
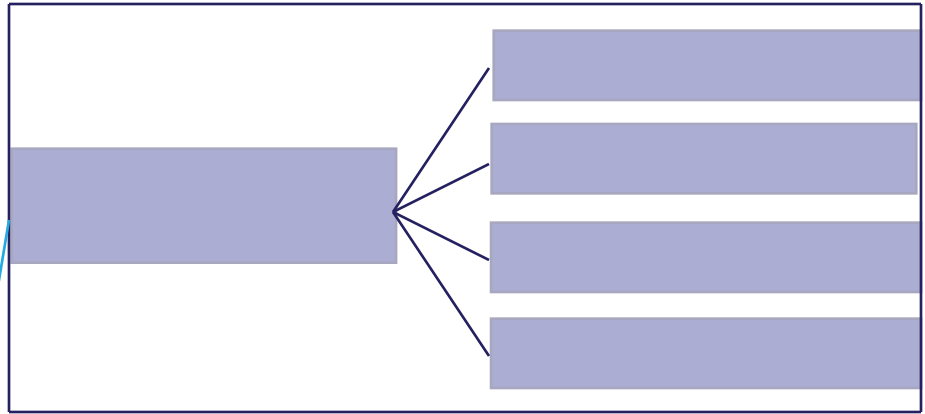
Group = All participants on Teams underneath you

Name: _____
Tel. # : _____ (you)

Level 1

Level 2

Level 3,4,5
Repeat Process



Fill in each box with the name and telephone number of each respective person in your group through Level 2. As someone on your TEAM completes their Support Team of four, they "break off" on their own Support Team Call

SUPPORT TEAM CALLS:

WHY HAVE A SUPPORT TEAM?

Many overweight individuals try to lose those extra inches on their own, instead of finding help that can teach them how to get healthy. Increasingly, recent studies show that not only does the likelihood of being overweight increase among friends and family members but the opposite holds true.

When people joined a group based on a weight loss program with friends and family, they lost more weight and kept it off better than those who joined the same program alone, according to research published in the Journal of Consulting Clinical Psychology.

“Obesity isn’t a problem that occurs in a vacuum,” says Karen Miller-Kovach, chief scientific officer of Weight Watchers International. “It should be no surprise, then, that the solution also doesn’t occur in one either.”

GOALS OF YOUR TEAM CALLS:

1. *SUPPORT* assures that every partner on the team gets the guidance, encouragement and help needed for success. Every partner commits to both giving and receiving support.
2. *ACCOUNTABILITY* is the ‘key for success’. The weekly Team Support call allows each team member to report their actions and successes. Each person is committed to being held and holding others accountable.
3. *SUCCESS* is that every team member plays a role in being sure that all members of the team are successful in their OsoLean™ challenge.

SUGGESTED FORMAT FOR THE CALLS:

1. *WELCOME*: Joyful welcome of everyone on the call and introductions.
2. *RECOGNITION*: Celebrate and acknowledge everyone’s success on the OsoLean™. Ask anyone who wants to share but make sure it is not just about specific inches when people might prefer to report in percentages of inches lost.
3. *IDEA EXCHANGE*: Share ideas on what is working for you, ways to mix OsoLean™, recipes that are low glycemic, snack foods that are low glycemic, easy exercises, fat loss strategies.
4. *DISCUSSION TOPIC*: Each call should have a new topic...you can use the weekly OsoLean™ Newsletters for topics (add your name on the email list to receive these newsletters on www.Icanlosefat.com). One week might be strategies to curb stress eating, another might be favorite recipes, another easy exercise routines.
5. *CHALLENGES*: Share your challenges with OsoLean™ and brainstorm ways to overcome the challenges.
6. *MOTIVATION*: Share a motivational thought (use OsoLean™ Newsletter for ideas) to help the Team through the next week. Be an encouragement to all those on the call and close with an uplifting comment.

My Sponsor is: _____

Her/His number is: _____

Email address: _____



TO WIN THE HAWAIIAN TRIP

Build your Group five levels deep with everyone getting their Support Team of four, and of those, at least 60% ordering the Osolean™ every 28 days (or other nutritional supplements in Mannatech's line, at \$100 per 28 days), and accomplish this within 12 months of joining! That is all, and you will be earning \$6000+ in monthly residual income*, and you and your guest will be on your way to Hawaii for a week stay at a 4 star Hotel or an Hawaiian cruise! It is all yours in addition to being LEAN with Osolean™.



***“as you sow so shall you reap”
Our world operates on certain truths.
One such truth is as you give to people, so shall you receive.
Help others take a healthier approach to life...
what a great mission which produces great rewards.***

*This income figure is based upon the person achieving Presidential Director status with 600+ people ordering and Mannatech's published income figures for 2007 showing the actual annual income earned by Presidential Directors as \$49,840 - \$1,533,772.

**Each year Mannatech invites all Presidential Directors to a 5-7 day summit in Hawaii in January. The first year a person becomes Presidential, Mannatech covers travel and cost of lodging. Thereafter, a stipend of \$500/person is paid to offset travel. So, this is an annual trip earned as long as you stay qualified as Presidential Director.

